

WHAT'S ON THE MENU?

April 2023

Rogers International

Supper

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7

10

11

12

13

14

Supper

- Muffin, Yogurt & Cheese Fun Lunch
 - Fresh Carrots
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

Supper

- Fruit & Dairy Snack Trio
 - Strawberry Nutrigrain Bar
 - Graham Crackers
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

Supper

- Turkey, Turkey Ham, & Cheese Sub
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

Supper

- Yogurt & Graham Cracker Fun Lunch
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk

Supper

- Nachos, Cheese, & Salsa Fun Lunch
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Light Cream Cheese

17

18

19

20

21

Supper

- Yogurt, Muffin & Cheese Fun Lunch
 - Fresh Carrots
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

Supper

- Strawberry Nutrigrain Bar
 - Graham Crackers
 - Fruit & Dairy Snack Trio
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

Supper

- Fresh Carrots
 - Ham & American Cheese Sandwich
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

Supper

- Nachos, Cheese, & Salsa Fun Lunch
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Light Cream Cheese

Supper

- Yogurt & Graham Cracker Fun Lunch
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk
 - Syrup

24

25

26

27

28

Supper

- Muffin, Goldfish & Yogurt Fun Lunch
 - Fresh Carrots
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk

Supper

- Yogurt & Graham Cracker Fun Lunch
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk

Supper

- Nachos, Cheese, & Salsa Fun Lunch
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk

Supper

- Strawberry Nutrigrain Bar
 - Graham Crackers
 - Fruit & Dairy Snack Trio
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments
- 1% Low-fat Milk



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

ALL MEALS INCLUDE CHOICE OF ENTREE OR ALTERNATE ENTREE; FRUIT AND/OR VEGETABLE; MILK CHOICE - WHITE OR CHOCOLATE

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