

WHAT'S ON THE MENU?

November 2022

Rogers International

Supper

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

- Supper**
- Bagel w/ Yogurt, Cheese, & Carrots
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments**
- 1% Low-fat Milk

2

- Supper**
- Nachos, Cheese, & Salsa
- Fun Lunch**
- Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments**
- 1% Low-fat Milk

3

- Supper**
- Italian Hoagie
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments**
- 1% Low-fat Milk

4

- Supper**
- Bagel w/ Yogurt, Cheese, & Carrots
 - Nachos, Cheese, & Salsa
- Fun Lunch**
- Italian Hoagie
 - Chicken Caesar Salad
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments**
- 1% Low-fat Milk

7

- Supper**
- Muffin, Yogurt & Cheese Fun Lunch
 - Fresh Carrots
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments**
- 1% Low-fat Milk

8

- Supper**
- Bagel w/ Yogurt, Cheese, & Carrots
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - Grape Juice
- Milk & Condiments**
- 1% Low-fat Milk

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Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

ALL MEALS INCLUDE CHOICE OF ENTREE OR ALTERNATE ENTREE; FRUIT AND/OR VEGETABLE; MILK CHOICE - WHITE OR CHOCOLATE
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